## Award-winning film showcases sustainable farming principles

"The Worm Is Turning" makes a strong case for reducing the impact of the large-scale, industrial agriculture that has become so common worldwide. Filmmakers Hilary Bain and Åsa Mark, residents of Byron Shire, show that the fundamental viability of Earth's soil and water is at stake, which affects the quality of the crops and therefore the health of the people who grow and consume the food. In tracing the history of farming practices, the film shows the pressing need for farmers to stop relying on toxic chemicals and patented seeds and return to the techniques of sustainable farming that reflect centuries of expertise across all cultures. Featured experts from India, New Zealand, Thailand, Indonesia, the United States, and Australia show how these techniques can be readily employed not only to improve the quality of food and promote the ecological soundness of food production but also to reduce costs, increase the quantity of food grown, ensure food security, and foster a greater sense of community among farmers and the people who rely on their efforts. For more information see: <a href="https://www.thewormisturning.com">www.thewormisturning.com</a>.